

VOLUME NINE

Angels

Direction for Our Times
As given to Anne,
a lay apostle

VOLUME NINE

Direction for Our Times
As given to Anne, a lay apostle

ISBN: 978-0-9766841-8-3

Library of Congress Number: applied for

© Copyright 2004-2014 Direction for Our Times. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission in writing of the Publisher.

Publisher: Direction for Our Times

In Ireland:

Direction for Our Times
The Hague Building
Cullies
Cavan
Co. Cavan
Ireland
+353-(0)49-437-3040

In the USA:

Direction for Our Times
9000 West 81st Street
Justice, IL 60458
USA
708-496-9300

www.directionforourtimes.org

How to Pray the Rosary information, is used with permission.
Copyright © Congregation of Marians of the Immaculate
Conception, Stockbridge, MA 01263. www.marian.org.

Paintings of *Jesus Christ the Returning King* and *Our Lady Queen of the Church* by Janusz Antosz

Nihil Obstat: Very Rev. John Canon Murphy, PP, VF

Imprimatur: ✠ Most Rev. Leo O'Reilly,
Bishop of Kilmore, Ireland.

The *Nihil Obstat* and *Imprimatur* are an official declaration that a book or pamphlet is free of doctrinal or moral error and that ecclesiastical permission for its publication has been granted.

DIOCESE OF KILMORE

Tel: 049 4331496
Fax: 049 4361796
Email: bishop@kilmorediocese.ie
Website: www.kilmorediocese.ie

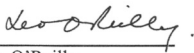
Bishop's House
Cullies
Cavan
Co. Cavan

To Whom It May Concern:

Direction For Our Times (DFOT) is a religious movement founded by "Anne", a lay apostle from our diocese, who wishes to remain anonymous. The movement is in its infancy and does not as yet enjoy canonical status. I have asked a priest of the diocese, Fr. Connolly, to assist in the work of the movement and to ensure that in all its works and publications it remains firmly within the teaching and practice of the Catholic Church.

I have known "Anne", the founder of the movement, for several years. She is a Catholic in good standing in the diocese, a wife and mother of small children, and a woman of deep spirituality. From the beginning she has always been anxious that everything connected with the movement be subject to the authority of the Church. She has submitted all her writings to me and will not publish anything without my permission. She has submitted her writings to the Congregation of the Doctrine of the Faith and I have done so as well.

In so far as I am able to judge she is orthodox in her writings and teachings. Her spirituality and the spiritual path that she proposes to those who wish to accept it are in conformity with the teachings of the Church and of the great spiritual writers of the past and present.


+Leo O'Reilly
Bishop of Kilmore

Date 16 June '06



DIOCESE OF KILMORE

Tel: 049-4331496
Fax: 049-4361796
Email: bishop@kilmorediocese.ie
Website: www.kilmorediocese.ie

Bishop's House
Cullies
Cavan
Co. Cavan

2 September 2011

To Whom It May Concern:

I offer an update on the present status of Anne, a lay apostle and Direction for Our Times.

I initially granted permission for the distribution of the messages and written materials of Anne. This position remains unchanged. The writings and materials may continue to be distributed. As pointed out in my letter on the DFOT website, the permission to distribute the messages does not imply a final judgment on whether they are authentic private revelation. A final judgment on that question must await the outcome of an official Church inquiry into these matters.

Following Church protocol, I set up a diocesan commission over a year ago to inquire into the writings of Anne and to evaluate her reports of receiving messages from heaven. That work of evaluation is continuing and the outcome of it will be made public in due course.

I hope this statement is helpful in the clarification of these matters.

Yours sincerely in Christ,



Leo O'Reilly
Bishop of Kilmore.



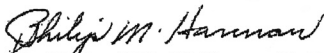
October 11, 2004

Dear Friends,

I am very much impressed with the messages delivered by Anne who states that they are received from God the Father, Jesus, and the Blessed Mother. They provide material for excellent and substantial meditation for those to whom they are intended, namely to the laity, to bishops and priests; and sinners with particular difficulties. These messages should not be read hurriedly but reserved for a time when heartfelt recollection and examination can be made.

I am impressed by the complete dedication of Anne to the authority of the magisterium, to her local Bishop and especially to the Holy Father. She is a very loyal daughter of the Church.

Sincerely in Christ,



Archbishop Philip M. Hannan, (Ret.)
President of FOCUS Worldwide Network
Retired Archbishop of New Orleans

PMH/sac



Dr. Mark I. Miravalle, S.T.D.

Professor of Theology and Mariology, Franciscan University of Steubenville
313 High Street • Hopedale, OH 43976 • U.S.A.
740-937-2277 • mmiravalle@franciscan.edu

Without in any way seeking to anticipate the final and definitive judgment of the local bishop and of the Holy See (to which we owe our filial obedience of mind and heart), I wish to manifest my personal discernment concerning the nature of the messages received by "Anne," a Lay Apostle.

After an examination of the reported messages and an interview with the visionary herself, I personally believe that the messages received by "Anne" are of supernatural origin.

The message contents are in conformity with the faith and morals teachings of the Catholic Church's Magisterium and in no way violate orthodox Catholic doctrine. The phenomena of the precise manner of how the messages are transmitted (i.e., the locutions and visions) are consistent with the Church's historical precedence for authentic private revelation. The spiritual fruits (cf. Mt. 7:17-20) of Christian faith, conversion, love, and interior peace, based particularly upon a renewed awareness of the indwelling Christ and prayer before the Blessed Sacrament, have been significantly manifested in various parts of the world within a relatively brief time since the messages have been received and promulgated. Hence the principal criteria used by ecclesiastical commissions to investigate reported supernatural events (message, phenomena, and spiritual fruits) are, in my opinion, substantially satisfied in the case of "Anne's" experience.

The messages which speak of the coming of Jesus Christ, the "Returning King" do not refer to an imminent end of the world with Christ's final physical coming, but rather call for a spiritual receptivity to an ongoing spiritual return of Jesus Christ, a dynamic advent of Jesus which ushers in a time of extraordinary grace and peace for humanity (in ways similar to the Fatima promise for an eventual era of peace as a result of the Triumph of the Immaculate Heart of Mary, or perhaps the "new springtime" for the Church referred to by the words of the great John Paul II).

As "Anne" has received permission from her local ordinary, Bishop Leo O'Reilly, for the spreading of her messages, and has also submitted all her writings to the Congregation for the Doctrine of the Faith, I would personally encourage, (as the Church herself permits), the prayerful reading of these messages, as they have constituted an authentic spiritual benefit for a significant number of Catholic leaders throughout the world.

Dr. Mark Miravalle
Professor of Theology and Mariology
Franciscan University of Steubenville
October 13, 2006

Table of Contents

Introduction	xi
Allegiance Prayer	xvii
Prayers to the Angels	xvii
August 23, 2004	1
August 24, 2004	5
August 25, 2004	9
August 26, 2004	11
August 27, 2004	13
August 28, 2004	15
August 30, 2004	17
August 31, 2004	19
September 1, 2004	21
September 2, 2004	23
September 3, 2004	25
September 4, 2004	27
September 6, 2004	29
September 7, 2004	31
September 8, 2004	33
September 9, 2004	35
September 10, 2004	37
September 11, 2004	39
Appendix	41
The Lay Apostolate	42
Guidelines for Lay Apostles	43
Prayers	46
How to Pray the Rosary	48

Volume Nine

How to Recite the Chaplet of Divine Mercy	60
The Volumes	63
The “Heaven Speaks” Booklets	64
Other Books by Anne	65

Introduction

Dear Reader,

I am a wife, mother of six, and a Secular Franciscan.

At the age of twenty, I was divorced for serious reasons and with pastoral support in this decision. In my mid-twenties I was a single parent, working and bringing up a daughter. As a daily Mass communicant, I saw my faith as sustaining and had begun a journey toward unity with Jesus, through the Secular Franciscan Order or Third Order.

My sister travelled to Medjugorje and came home on fire with the Holy Spirit. After hearing of her beautiful pilgrimage, I experienced an even more profound conversion. During the following year I experienced various levels of deepened prayer, including a dream of the Blessed Mother, where she asked me if I would work for Christ. During the dream she showed me that this special spiritual work would mean I would be separated from others in the world. She actually showed me my extended family and how I would be separated from them. I told her that I did not care. I would do anything asked of me.

Shortly after, I became sick with endometriosis. I have been sick ever since, with one thing or another. My sicknesses are always the types that mystify doctors in the beginning. This is part of the

cross and I mention it because so many suffer in this way. I was told by my doctor that I would never conceive children. As a single parent, this did not concern me as I assumed it was God's will. Soon after, I met a wonderful man. My first marriage had been annulled and we married and conceived five children.

Spiritually speaking, I had many experiences that included what I now know to be interior locutions. These moments were beautiful and the words still stand out firmly in my heart, but I did not get excited because I was busy offering up illnesses and exhaustion. I took it as a matter of course that Jesus had to work hard to sustain me as He had given me a lot to handle. In looking back, I see that He was preparing me to do His work. My preparation period was long, difficult and not very exciting. From the outside, I think people thought, 'That woman has bad luck.' From the inside, I saw that while my sufferings were painful and long lasting, my little family was growing in love, in size and in wisdom, in the sense that my husband and I certainly understood what was important and what was not important. Our continued crosses did that for us.

Various circumstances compelled my husband and me to move with our children far from my loved ones. I offered this up and must say it is the most difficult thing I have had to contend with. Living in exile brings many beautiful opportunities to align

Introduction

with Christ's will; however, you have to continually remind yourself that you are doing that. Otherwise you just feel sad. After several years in exile, I finally got the inspiration to go to Medjugorje. It was actually a gift from my husband for my fortieth birthday. I had tried to go once before, but circumstances prevented the trip and I understood it was not God's will. Finally, though, it was time and my eldest daughter and I found ourselves in front of St. James Church. It was her second trip to Medjugorje.

I did not expect or consider that I would experience anything out of the ordinary. At any rate, we had a beautiful five days. I experienced a spiritual healing on the mountain. My daughter rested and prayed. A quiet but significant thing happened to me. During my Communions, I spoke with Jesus conversationally. I thought this was beautiful, but it had happened before on occasion so I was not stunned or overcome. I remember telling others that Communions in Medjugorje were powerful. I came home, deeply grateful to Our Lady for bringing us there.

The conversations continued all that winter. At some time in the six months that followed our trip, the conversations leaked into my life and came at odd times throughout the day. Jesus began to direct me with decision and I found it more and more difficult to refuse when He asked me to do this or that. I told no one.

During this time, I also began to experience direction from the Blessed Mother. Their voices are not hard to distinguish. I do not hear them in an auditory way, but in my soul or mind. By this time I knew that something remarkable was occurring and Jesus was telling me that He had special work for me, over and above my primary vocation as wife and mother. He told me to write the messages down and that He would arrange to have them published and disseminated. Looking back, it took Him a long time to get me comfortable enough where I was willing to trust Him. I trust His voice now and will continue to do my best to serve Him, given my constant struggle with weaknesses, faults, and the pull of the world.

Please pray for me as I continue to try to serve Jesus. Please answer “yes” to Him because He so badly needs us and He is so kind. He will take you right into His heart if you let Him. I am praying for you and am so grateful to God that He has given you these words. Anyone who knows Him must fall in love with Him, such is His goodness. If you have been struggling, this is your answer. He is coming to you in a special way through these words and the graces that flow through them.

Please do not fall into the trap of thinking that He cannot possibly mean for you to reach high levels of holiness. As I say somewhere in my writings, the greatest sign of the times is Jesus having to make do with the likes of me as His secretary. I consider

Introduction

myself the B-team, dear friends. Join me and together we will do our little bit for Him.

Message received from Jesus immediately following my writing of the above biographical information:

You see, My child, that you and I have been together for a long time. I was working quietly in your life for years before you began this work. Anne, how I love you. You can look back through your life and see so many “yes” answers to Me. Does that not please you and make you glad? You began to say “yes” to Me long before you experienced extraordinary graces. If you had not, My dearest, I could never have given you the graces or assigned this mission to you. Do you see how important it was that you got up every day, in your ordinary life, and said “yes” to your God, despite difficulty, temptation, and hardship? You could not see the big plan as I saw it. You had to rely on your faith. Anne, I tell you today, it is still that way. You cannot see My plan, which is bigger than your human mind can accept. Please continue to rely on your faith as it brings Me such glory. Look at how much I have been able to do with you, simply because you made a quiet and humble decision for Me. Make another quiet and humble decision on this day and every day, saying, “I will serve God.” Last night you served Me by bringing

Volume Nine

comfort to a soul in pain. You decided against yourself and for Me, through your service to him. There was gladness in heaven, Anne. You are Mine. I am yours. Stay with Me, My child. Stay with Me.

The Allegiance Prayer For All Lay Apostles

Dear God in heaven, I pledge my allegiance to You. I give You my life, my work, and my heart. In turn, give me the grace of obeying Your every direction to the fullest possible extent. Amen.

Prayers to the Angels

Angels from heaven, direct my path.

Dearest angel guardian, I desire to
serve Jesus by remaining at peace.
Please obtain for me the graces necessary
to maintain His divine peace in my heart.

Prayer for a Struggling Soul

Angel guardian, thank you for your constant
vigil over this soul. Saints in heaven,
please assist this dear angel.

August 23, 2004
Jesus

My children, I want you to be aware of every weapon in this spiritual battle. Seek Me first, and understand that I am God, all-powerful and the Creator of All. You are part of a heavenly family and must remember that you have the whole of that family to help you. You understand that our mother, Mary, is powerful. She is your first line of defense against evil and deception. You should pray the Rosary every day. You have the sacraments. Holy souls or souls working for Me, and this I hope is each one of you, should attend Mass as often as possible. You should seek reconciliation with Me in the Sacrament of Penance. Also, Adoration of your Jesus in the Blessed Sacrament will give you an unlimited flow of graces which will grant you peace and guidance. You have the saints in heaven. They wish to help you. Ask them each day for their intercession. Study their lives and you will understand why they are such effective helpers. They walked your walks already. You have Me, in the silence of your heart. Spend time there each day.

My children, another weapon you have at your disposal is angels. Angels are heavenly servants who do not experience humanity. They are pure goodness and heaven is filled with them. You will enjoy their company immensely when you come home to Me. These beautiful beings are active in your world now and have always been. In these days, given the necessity of great heavenly help and intervention, I have given the angels, along with the saints, permission to be even more apparent. They will surround you if you ask them. Ask Me for angels to assist and protect you and you shall have them. I will describe their attributes and you will understand that you are never alone because you are surrounded by angels. You see, My children, there is so much talk of the enemy and the enemy is so glorified in your world, that many souls forget that heaven is far and away more powerful than the pitiful band of bitter ones who serve darkness. These want only your misery. Conversely, the unlimited number of good and holy servants want only your joy and safety. But your prayers are necessary to mobilize all of this power. In these times, many souls spend time with darkness through their activities and recreation. In doing so, souls are inviting the enemy's

Angels

companionship. If souls do not invite our companionship, through prayers and requests, we do not force ourselves. So surround yourself with all that is light and the enemy will avoid you. Ask for an honor guard of My angels and you will be enveloped in powerful beings from heaven who will insure that you complete your missions in safety. Children, you are God's little creatures. You will not be abandoned.

August 24, 2004
Jesus

The angels surround you, My dear ones. They minister to you in so many ways that I could not clearly explain this to you. I am going to give you some idea of these heavenly friends, however, so that you will understand the strength on your side. When you attend Mass you are praying and worshipping with thousands of angels. Your guardian angel goes with you, of course, and is so grateful for the opportunity to rest in the heavenly companionship of his fellow angels. These beings of light pay rapt attention and take such joy in praising Me. Truly, each church is filled with angels. When you enter a church and find it empty, that means that you can see no other human. But there are angels present and they welcome you as they welcome your angel guardian. This loyal servant of Mine, your special guardian, prays for you without interruption. When you are safely on the path to heaven, this angel then begins to petition heaven for greater and greater spiritual gifts. Your angel can communicate with the saints in heaven and often seeks out their intercession for you. When you are

working with your angel and with the saints, you will find yourself making sublime spiritual progress because the gifts being secured are of the deepest and sometimes most indiscernible variety. You are often making progress that you do not feel, little soul, but your angel is watching it closely. When something threatens your spiritual progress, your angel attempts to warn you. He does this in many ways. You often hear whisperings, what many call your conscience. This is your angel attempting to persuade you that whatever you are considering will be bad for your cause. Your angel can anticipate danger so you should always ask him to be alert and assist you. When a soul tries to follow a path of goodness, that person's angel is so pleased. He joyfully sings praise to heaven for the goodness of the soul entrusted to his care. When a person strays off the path of goodness, the angel is saddened and heavy-hearted. Regardless of the darkness practiced by a soul, his angel remains by his side, petitioning heaven for graces to convert his charge. When an angel guardian anticipates that the soul in his care is about to lose eternity in heaven, that angel stops at nothing to gain intervention. This beautiful being of love will obtain the

Angels

intercession of many holy souls, asking for prayers and sacrifices. He will seek out the intercession of the saints, and he will stop at nothing to veer his charge away from damnation. It is only at the gates of hell itself that an angel guardian will relinquish hope. Speak to your angel, little souls. Believe in his presence. I, Jesus, want you to have every consolation available to you on your earthly journey. Take advantage of this good and constant friend.

August 25, 2004
Jesus

My children who seek the light are surrounded by heavenly beings. These beings, My angels, seek My will. There is no darkness in them. They do not sin. They do not serve one day and abandon the divine will the next day. They know Me and worship Me. Because they have a great depth of heavenly knowledge, they can anticipate heaven's wishes and heaven's designs. They know exactly what I am seeking in each situation. They know exactly what will bring a soul closer to perfection in each moment. Therefore, their counsel and direction is perfect. They do not steer a soul away from Me. They could not. They seek only the divine will. As such, My dear children, they are the perfect companions for you. You must remember them and remember their presence. They have illumination that you do not have. So you may be uncertain on how to proceed in a given moment. You should ask your angels for counsel, understanding that the way they direct you will be My way and the best way for you, given every single circumstance in your life. Angels can read souls at a glance. They

recognize unsuitable companions. Ask your angel to protect you from relationships that will pull you away from Me. There are times when this is very important and you should always be aware that your companions will influence you. Ask the angels to protect your children and to help your children find suitable companions. Every wise parent knows that children are influenced by their companions and if a child's friends are not following a path that leads to Me, their own child will be diverted. This is a serious risk for children and adults. Keep holy company, My dear ones. The angels will help you.

August 26, 2004
Jesus

When a soul is experiencing difficulty, I send additional angels to assist. In this way, a soul has heavenly influences to help counteract the worldly influences with which he is struggling. If a soul requests heavenly help, I can send even more assistance in the way of angels and graces. "How does this help, Jesus?" I hear My little ones asking. It helps because when you ask Me for help, and I send angels, you are surrounded by these beings who are praying for you and petitioning saints to pray for you. They influence the actions of others, also, and can obtain earthly assistance for you by inspiring a holy soul to come to your aid at just the right time. How many times have you said that this one or that one was a life saver to you? Do you think that this happened accidentally? Hardly, little ones. I sent that soul into your life to assist you and that soul was inspired by the promptings of the little servants of light who surround you. There is so much happening in your world that is necessarily invisible to you. If you saw all of these things you would not struggle at all and then there would be no need for

your beautiful acts of faith and love and obedience to Me. These things provide heaven with delightful music from the earth. During this time, when the majority do not serve, I am particularly consoled and responsive to those who are trying their best to benefit the Kingdom. So be brave and confident. You are part of a team, as we continually remind you, and you shall have all of the help you need, and more help besides.

August 27, 2004
Jesus

Yes, it is true. The beings of the light surround My little soldiers. And if you ask for more help, you will receive more help. There is no question of My remnant being abandoned. The only thing that hampers heavenly assistance is a lack of faith on the part of My children. When faith is weak, souls fear they are vulnerable. This fear can be exploited by those who would like to see souls turn away from Me and turn back to the world. You must be very determined to walk My path during this time of transition. I am relying on My children to salvage as many brothers and sisters as possible through their work with Me. Be confident in the ones who surround you, the angels. They are your assistants, so to speak. Treat them with the greatest of love and respect, often acknowledging their presence. You do this through little prayers, perhaps prayers thanking God for sending you such an honor guard. You do this when you are in a situation where you do not know what to do or what to say. You can then say, "Angels from heaven, direct my path." This prayer is short and yet you are asking for clear

direction to the heavenly course. This is a powerful and pleasing prayer and I will give great graces to the answering of this prayer. Use this often throughout your day and you will not be disappointed in the help you will receive through it. Just as the saints have enhanced powers during this time, so do the angels. You will want to use everything at your disposal and you will truly become an invincible servant of God. I intend great holiness for all who answer My call.

August 28, 2004
Jesus

My children, you have advanced a great deal with regard to knowledge of your physical world and even in the study of the human body. But what you have discovered and uncovered is but a tip of the limitless body of knowledge that heavenly beings own. They understand how the physical body works and how it stops working. They understand the intimacies of each cell in the human body and with a glance can tell exactly what is wrong with someone who is sick. These angels, who work tirelessly for you and for your world, truly have constant access to the greatest store of knowledge and wisdom. These are good companions to have working alongside you. Your struggles are child's play to them in the sense that they have the answers to life's questions. They can advise you and counsel you but they cannot force you. So if you are determined to sin, they cannot stop you.

At times, though, they can divert you from an occasion of sin. At other times they can secure a state of disinterest in sin when you are at risk. You will wonder at your

disinterest in something that possibly had attracted you in the past. Thank the angels for this grace because they have obtained this state for you through their prayers. They rally support from your friends in heaven and know exactly who to attend for each type of assistance. When you understand how much your angel guardian has done for you in your lifetime, you will be overcome with gratitude, both to your tireless friend and to the God who assigned this little creation of love to you. Thank him and talk to him. You are not like a silly person who imagines things in doing so, but like a very wise man who looks at the universe and understands that he does not understand its secrets. Sit in silence with Me, little ones, and I will give you this wisdom. Pray to the angels and they will obtain it for you.

August 30, 2004

Jesus

The universe is filled with angels. How could it not be? The universe belongs to Me and to all who follow Me. When you look up into the sky, there are angels. When you die and leave your body, you will see them. You will be comfortable with them and they will be comfortable with you because you are all part of My creation. You, My little souls who served in the world, are especially precious to Me, of course, and you will be rewarded accordingly. In your time of service, you will come across many a soul who is in need of conversion. Perhaps you are moving quickly in and out of someone's life, as on a train, or while traveling in another way. You sense, though, that a soul is in distress or unhappy or struggling with an addiction that prevents him from possessing his soul. Pray to his angel guardian. Say, simply, "Angel guardian, thank you for your constant vigil over this soul. Saints in heaven, please assist this dear angel." That is very simple and yet you have secured fresh hope and assistance to this little being of light. In this way, the soul's angel can take your prayer and secure

additional graces. Children, have the greatest faith in prayer. Truly, your prayers are saving souls and changing the course of events in the world. Continue to petition heaven for the graces you need to help others. We are answering, dear souls. We are answering.

August 31, 2004
Jesus

In order to live fully, you must consider your universe, both what is seen and what is unseen. Often it is the unseen that moves souls, and souls who allow for heavenly influences and guardians live more fully and more securely. My children, with all of the divine assistance surrounding you, you truly lack for nothing. I would not ask you to complete the missions I have entrusted to you and not give you adequate support. The support is there. You simply have to utilize it. If you are working on a project for Me and feel you have encountered an obstacle, joyfully ask the angels in heaven to remove it. Be peaceful as you know that I will not hold you accountable for things that you cannot change. Work steadily, aware that you are surrounded by My friends, in the form of angels, but also saints. With the heavenly company you are keeping, you will learn to be at peace in everything. You will learn to take the heavenly view of every situation and every person. For example, perhaps you are placed in the presence of a soul for whom you feel repugnance. A worldly approach would be to escape this person's

presence as quickly as possible. Now, after considering the presence of the angels and saints, you might discuss the matter silently with them. They may inform you that this soul is in great pain, which he masks with an unpleasant or aggressive exterior. Perhaps his soul is in distress and longs for the heavenly union you enjoy. Perhaps he has been badly injured by those who were supposed to love him or maybe he is sick in body. Maybe, My friends, life has disappointed him and there was no Jesus to heal his wounds. Now, would you not consider that situation differently in light of these possibilities? Your angelic friends, including this man's angel guardian, might explain this to you and urge you to treat him with exactly what his soul needs to creak open the smallest bit and allow Me inside. You know what I am capable of, given room in a soul. It becomes a very different situation, does it not? While you are on earth, you may not see what your prayers and love accomplished for this soul. But you will see it in heaven. You will see all of the fruits of your little acts of self-denial and love when you arrive here. My friends, how differently you will live, given a constant awareness of your heavenly companionship.

September 1, 2004
Jesus

My dear ones walk through their lives in the company of angels. In some places there are more angels than in others. When a holy person feels an unexplained joy or an unexplained sense of peace, that person often has entered a place that is filled with angels for one reason or another. My dear servants may find that they are drawn to a place and cannot determine why this is so. Perhaps that place was the scene of a holy action or actions. Perhaps a house was home to a holy soul. Perhaps great sacrifice or love was present in a given place. These places draw angels, as well as people, and often angels will remain, or revisit. In the same way, if a soul is working against Me, that soul may find that he is terribly uncomfortable in certain places. He perhaps is uncomfortable because he does not like the company of angels, knowing instinctively that he is not an appropriate companion for heaven's little beings. If he has the remotest wish to repent, these places will bring thoughts of sadness to his mind and he will long for something indiscernible. This longing is indiscernible to the

consciousness of this person, but it is simply a longing for goodness. Thoughts of a good person he has known will come into his mind and he will view his life in isolation from Me clearly. For some, this will cause a man to flee in anger. He has no wish for Me. For others, a visit to such a place will cause him to begin the process of change, of renewal, of repentance. Invite angels into your homes and workplaces. Ask heaven to surround you with them in every meeting and conversation. Send angels often to those in the state of sin so that their poor little hearts will long for the oxygen of forgiveness. These strategies I give you are all part of the great renewal. You are preparing souls and preparing the earth. You are My friends.

September 2, 2004
Jesus

There are many ways in which a soul can serve the Kingdom. In these times, though, more than in the past, souls are called upon to evangelize for Me. This means I need souls to bring Me to others. We must seek out each lonely, hurting soul who is isolated from his divine family. If you bring Me to a soul, I can melt that soul's heart and fill it with joy. The soul can then begin to learn about the vast family of love that seeks to draw him back. Dearest little servants of the Savior, My angels will direct you to these souls. Be alert to their promptings and whispers because they see everything and they know who needs your assistance. If you feel an impulse to approach a soul with these words, do so. Trust those instincts. Even if a soul initially ridicules you, he will eventually face a time of fear or anguish, and, searching for some kind of comfort, he will reach for the book you have given him. If the words are not there, he cannot reach for them. If the Volume has been given to him, he will open it. Be at peace at the reactions of others. You cannot force a soul to learn about Me, but you can suggest that he do

so. You can give witness to My presence by talking about your love for Me and the graces you have received from Me. Talk about peace. Talk about joy. Talk about calm. Do not talk about the enemy. There is too much emphasis placed on the minimal power of the one who seeks destruction. When a soul is truly following Me, there is little the enemy can do to divert that person. Fear nothing. Why would you fear when you have a universe filled with heavenly beings who await your requests and petitions? Listen carefully to them and My angels will direct you to the souls who require your help.

September 3, 2004
Jesus

My dear ones, you must learn to work as part of a team. Any task entrusted to you has also been entrusted to one or more angels, who are assigned to assist you. You see that you are never alone. Even the smallest task you must complete will have at least one angel attached. Your angel guardian is always with you. So you are wrong to feel overwhelmed by the mission given to you because you bear only one part of the responsibility. When you feel heavily burdened, you must ask yourself what I am requesting of you in this moment. Then you must pray to the angels to help you. Then you must pray to the saints to intercede for you. After that, you must remember that Mary, your heavenly mother, is near you, and also interceding for you. She watches closely for any sign that you are struggling. After all of that, remember that I, Jesus Christ, the God of All, am with you. Ask yourself again if you are overwhelmed. When you are worrying about the future there is always a risk of becoming frightened because you have the graces only for the present. You are given what you need for this moment. Remain with Me, with Mary

*your mother, and the saints and angels.
We are not in the future. We are not in the
past. We are here, in the present, and you
are one part of our powerful team.*

September 4, 2004
Jesus

With eyes of faith you must look for My angels. They are with you, My dear struggling souls. You must believe that you are not alone because you will then live differently. When a soul has confidence that he is part of a heavenly team, he walks in quiet certainty that all will be well. This soul understands My power and My dominion over his universe. His sufferings are accepted and given to Me as part of the offering that is his life. Very little can disturb this soul because he understands that all on earth is temporary. Truly, as long as he follows My will, he is at peace. Dear children of this world, you must strive for this unity with the divine will in your life. Only with unity can you move peacefully through a world that is not peaceful. And that is My wish for you. Peace, both for your little soul, and for the souls of those who encounter you. You must accept My peace in your soul because only in that way will peace spread. Your example to others is an important part of My plan. So when I ask you to be at peace, I am really pleading with you. Living in My peace is part of what I am requesting of you. When

tempted toward agitation and upset because of events around you, you must resist and maintain your heavenly bearing, mindful that I am God.

September 6, 2004

Blessed Mother

While I lived on earth, I was always aware that heaven existed. I knew that angels actively sought to console and assist us in our troubles. This awareness did not come from my physical senses, those of sight or hearing, but from my spiritual sense, of loving and being loved. You must begin to use your spiritual senses, the senses of your soul. These senses, which you can understand as the living Holy Spirit, will guide you. In everything I sought unity with my Creator. He, God, did not disappoint me. Because I constantly sought unity, I grew in the awareness that earth is not separated from heaven in terms of space. Heaven is present on earth in the form of the Spirit and the spiritual presence of the souls who have gone before us and, of course, God's beautiful angels. How I love these beings of light. They seek only His will and only goodness. Truly, they are the difference between darkness and salvation to many souls. They are always with me and they are always with you. Little children of my Immaculate Heart, thank God for His angels. Thank God for the beautiful inspirations that have come from His angels. Have you ever been helped by a stranger? You must thank your angel guardian for procuring that help. Look with faith at your world and you will see that angels are everywhere. In these times of great change, the angels will be very active in the lives of the faithful ones who courageously

Volume Nine

assist heaven. I am with you, my little ones. I am always with you.

September 7, 2004

Blessed Mother

I am joyful to be talking to my little ones about angels because I know that the thought of angels makes you happy. So often in these times we are discussing difficult matters, so it is a relief for me to talk to you about something that is lovely and good. Children, your Jesus has asked that you walk in peace. He needs this from you, as His plan cannot be realized unless you cooperate with that request. Only through each one of you will peace flow into your troubled world. So, because this is so important, I am going to make a suggestion. Whenever you are troubled, and feel your peace has fled, you must speak to your angel guardian. Ask your little heavenly soldier to hasten to your assistance and obtain the graces you need to recover your peace. This is the perfect request from you because there is nothing heaven likes better than to help a soul in the world be at peace. You see, we know how important it is and you might say that these graces are easily obtained when the request comes from you. So say this when you are losing your spiritual balance and your peace, "Dearest angel guardian, I desire to serve Jesus by remaining at peace. Please obtain for me the graces necessary to maintain His divine peace in my heart." You will not be disappointed, little ones. The graces will come to you.

September 8, 2004

Blessed Mother

My children, how often I have looked upon you, surrounded by God's angels but feeling so alone. These angels have soft little hearts and they grieve with you when you are sad. So often they seek to comfort you with heavenly thoughts but you do not accept these ideas. Allow these beautiful thoughts into your hearts and you will feel the consolation with which the angels seek to bless you. Again I say, and I understand that I am repeating myself, you must spend time in silence so that we can place these lovely thoughts in your hearts. You understand that communicating with heaven is not like communicating with earth. We do not shout, usually, and you must listen with your soul. In days past, there was not this constant noise. Children, think about why the enemy never leaves you in peace. It is like a child's attempt to distract someone so that bad news cannot be communicated about him. When you feel distracted, and feel your peace is slipping from you, ask yourself how much time during that particular day you spent in silence, contemplating God. I am certain that it was not enough. So find silence. Seek it out. Value it. Understand that this is not wasted time, but the most important time of your day.

September 9, 2004

Blessed Mother

Little children of the Kingdom, you must be joyful. Rest in the idea that you belong to the family of God. This fact will not change. God will never reject you. You have no worries in that regard. Your mistakes, your sins, your failings, none of these things will cause you to lose your eternity with God as long as you repent and try to follow Jesus. Dear child of my Immaculate Heart, sit still for a moment and think about the family of God. We are a very big, very strong family indeed. There is none stronger, none bigger. Your Father is all-powerful. His angels have every bit of wisdom at their disposal. You have constant access to this. Once you understand that the wisdom required to serve need not come from you, you will feel lighter. Be joyful, please. Your eternity is safe so there is nothing else to concern you. If you think this way, you will serve in freedom and you will serve with ease. I, Mary, wish this for you. Your service need not be a time of pain, despite the necessary sacrifices. But remember, when you are sacrificing worldly things, that you will be giving these things up anyway. It is wrong to be too attached to things that do not last. The inevitable relinquishing of these things is what causes you pain. Ask the angels to help you with this and everything. God has given the angels assignments so they know what He wills. Meditate often on the beautiful thought that your constant companions know God's will for you.

September 10, 2004

Blessed Mother

There are many types of angels, all with different missions, in the heavenly Kingdom. The angels that work on earth are very special and have the greatest of love for humanity. Children, you have not experienced heavenly love in the purest sense and will not until the time of your earthly death. Until that time, you must believe us when we tell you that you are loved most perfectly. One such example of the love that is boundless in heaven is the love of your angel guardian for you. Your angel guardian knows you better than any human being could possibly know you because your angel guardian has known you for eternity. Before you were created, in the physical sense, you were known by this being of light. This creation of God is filled with His love and His love flows through His angels to you. When we talk to you about the beginning of Christ's return, part of what we are discussing is the flow of Christ's love through each one of you. So be filled with joy that this little angel of God accompanies you everywhere. God's love flows through this angel into your soul. If you are welcoming of this love, then it can flow through you and into other souls also. How beautiful this process is and how it binds God's family together. When everyone in the heavenly family is together, there will be a seamless flow of love. We will know nothing but peace and happiness then, children, and you will understand

Volume Nine

what it is I have tried to tell you. Be at peace, little ones. Your mother is with you.

September 11, 2004

Blessed Mother

Little children, how I love you. A mother's love is so forgiving and understanding because a mother knows her children well. I am that way with you. I know you each so well and understand your little struggles and troubles. Our God, in His goodness and mercy, has given me the greatest of honor here in heaven. I have complete discretion on how to instruct the angels to intervene on earth. I walk only in the divine will, you see, as do we all here, so there is no reason for conflict. You must ask me for help and I will send angels to assist you and to assist those around you. As I watch you, I sometimes feel my heart aching for you because you feel alone. When you come here you will see that you were never alone for a moment. You will not be left alone. Consider Jesus and His total love for you. Would He abandon you? Of course not. He sees your pain and sends little angels and earthly souls to help you. Sometimes you are not ready to be helped so you do not accept the help He has sent. He understands and waits, watching for another opportunity when perhaps you will be more open to Him. You are cherished. Be joyful, little ones. Your mother loves you and will never leave you. I send angels to you on each and every day, after considering what tasks you have undertaken for the Kingdom. There is nothing left to chance, particularly with heaven's work. Cast away fear, little children of God's family. You have

Volume Nine

no reason to be afraid. Our promises will not be forgotten, as often happens with earthly promises. You can rely on these words from heaven and you can rely on us.

Appendix

The Lay Apostolate of Jesus Christ the Returning King

We seek to be united to Jesus in our daily work, and through our vocations, in order to obtain graces for the conversion of sinners. Through our cooperation with the Holy Spirit, we will allow Jesus to flow through us to the world, bringing His light. We do this in union with Mary, our Blessed Mother, with the Communion of Saints, with all of God's holy angels and with our fellow lay apostles in the world.

Guidelines for Lay Apostles

As lay apostles of Jesus Christ the Returning King, we agree to perform our basic obligations as practicing Catholics. Additionally, we will adopt the following spiritual practices, as best we can:

1. **Allegiance Prayer** and **Morning Offering**, plus a brief prayer for the Holy Father
2. **Eucharistic Adoration**, one hour per week
3. **Prayer Group Participation**, monthly, at which we pray the Luminous Mysteries of the Holy Rosary and read the Monthly Message
4. **Monthly Confession**
5. Further, we will follow the example of Jesus Christ as set out in the Holy Scripture, treating all others with His patience and kindness.

Allegiance Prayer

Dear God in Heaven, I pledge my allegiance to You. I give You my life, my work and my heart. In turn, give me the grace of obeying Your every direction to the fullest possible extent. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You the prayers, works, joys and sufferings of this day, for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the intentions of the Holy Father. Amen.

Prayer for the Holy Father

Blessed Mary, Mother of Jesus, protect our Holy Father, Francis, and bless his intentions.

Promise from Jesus to His Lay Apostles

May 12, 2005

Your message to souls remains constant. Welcome each soul to the rescue mission. You may assure each lay apostle that just as they concern themselves with My interests, I will concern Myself with theirs. They will be placed in My Sacred Heart and I will defend and protect them. I will also pursue complete conversion of each of their loved ones. So you see, the souls who serve in this rescue mission as My beloved lay apostles will know peace. The world cannot make this promise as only Heaven can bestow peace on a soul. This is truly Heaven's mission and I call every one of Heaven's children to assist Me. You will be well rewarded, My dear ones.

What about the Monthly Prayer Group?

Jesus asks us to form lay apostle prayer groups. He asks us to meet once each month to pray the Luminous Mysteries of the Holy Rosary and read the Monthly Message. A prayer group can be as small as two people within a family or as large as hundreds in a church.

Five Luminous Mysteries:

1. The Baptism of Jesus
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

Monthly Messages

For seven years Jesus gave Anne a message for the world on the first day of every month. Each month the apostolate reads and contemplates one of these monthly messages.

To receive the monthly messages you may access our website at **www.directionforourtimes.org** or call us at one of our offices to be placed on our mailing list.

We have also printed a book which contains all of the monthly messages. It can be purchased through our website as well.

Prayers taken from The Volumes

Prayers to God the Father

“What can I do for my Father in Heaven?”

“I trust You, God. I offer You my pain in the spirit of acceptance and I will serve You in every circumstance.”

“God my Father in Heaven, You are all mercy. You love me and see my every sin. God, I call on You now as the Merciful Father. Forgive my every sin. Wash away the stains on my soul so that I may once again rest in complete innocence. I trust You, Father in Heaven. I rely on You. I thank You. Amen.”

“God my Father, calm my spirit and direct my path.”

“God, I have made mistakes. I am sorry. I am Your child, though, and seek to be united to You.”

“I believe in God. I believe Jesus is calling me. I believe my Blessed Mother has requested my help. Therefore I am going to pray on this day and every day.”

“God my Father, help me to understand.”

Prayers to Jesus

“Jesus, I give You my day.”

“Jesus, how do You want to use me on this day? You have a willing servant in me, Jesus. Allow me to work for the Kingdom.”

“Lord, what can I do today to prepare for Your coming? Direct me, Lord, and I will see to Your wishes.”

“Lord, help me.”

“Jesus, love me.”

Prayers to the Angels

“Angels from Heaven, direct my path.”

“Dearest angel guardian, I desire to serve Jesus by remaining at peace. Please obtain for me the graces necessary to maintain His divine peace in my heart.”

Prayers for a Struggling Soul

“Jesus, what do You think of all this? Jesus, what do You want me to do for this soul? Jesus, show me how to bring You into this situation.”

“Angel guardian, thank you for your constant vigil over this soul. Saints in Heaven, please assist this dear angel.”

Prayers for Children

“God in Heaven, You are the Creator of all things. Please send Your graces down upon our world.”

“Jesus, I love You.”

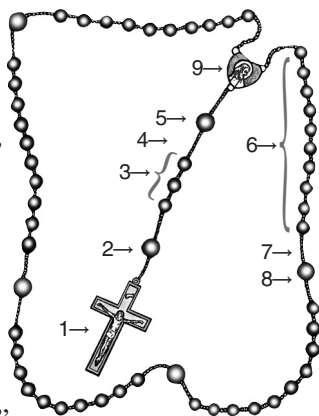
“Jesus, I trust in You. Jesus, I trust in You. Jesus, I trust in You.”

“Jesus, I offer You my day.”

“Mother Mary, help me to be good.”

How to Pray the Rosary

1. Make the Sign of the Cross and say the “Apostles Creed.”
2. Say the “Our Father.”
3. Say three “Hail Marys.”
4. Say the “Glory be to the Father.”
5. Announce the First Mystery; then say the “Our Father.”
6. Say ten “Hail Marys,” while meditating on the Mystery.
7. Say the “Glory be to the Father.” After each decade say the following prayer requested by the Blessed Virgin Mary at Fatima: “O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy.”
8. Announce the Second Mystery: then say the “Our Father.” Repeat 6 and 7 and continue with the Third, Fourth, and Fifth Mysteries in the same manner.
9. Say the “Hail, Holy Queen” on the medal after the five decades are completed.



As a general rule, depending on the season, the Joyful Mysteries are said on Monday and Saturday; the Sorrowful Mysteries on Tuesday and Friday;

the Glorious Mysteries on Wednesday and Sunday;
and the Luminous Mysteries on Thursday.

Papal Reflections of the Mysteries

The Joyful Mysteries

The Joyful Mysteries are marked by the joy radiating from the event of the Incarnation. This is clear from the very first mystery, the Annunciation, where Gabriel's greeting to the Virgin of Nazareth is linked to an invitation to messianic joy: "Rejoice, Mary." The whole of salvation... had led up to this greeting. (Prayed on Mondays and Saturdays, and optional on Sundays during Advent and the Christmas Season.)

The Luminous Mysteries

Moving on from the infancy and the hidden life in Nazareth to the public life of Jesus, our contemplation brings us to those mysteries which may be called in a special way "Mysteries of Light." Certainly, the whole mystery of Christ is a mystery of light. He is the "Light of the world" (John 8:12). Yet this truth emerges in a special way during the years of His public life. (Prayed on Thursdays.)

The Sorrowful Mysteries

The Gospels give great prominence to the Sorrowful Mysteries of Christ. From the beginning, Christian piety, especially during the Lenten

devotion of the Way of the Cross, has focused on the individual moments of the Passion, realizing that here is found the culmination of the revelation of God's love and the source of our salvation. (Prayed on Tuesdays and Fridays, and optional on Sundays during Lent.)

The Glorious Mysteries

“The contemplation of Christ's face cannot stop at the image of the Crucified One. He is the Risen One!” The Rosary has always expressed this knowledge born of faith and invited the believer to pass beyond the darkness of the Passion in order to gaze upon Christ's glory in the Resurrection and Ascension... Mary herself would be raised to that same glory in the Assumption. (Prayed on Wednesdays and Sundays.)

From the *Apostolic Letter The Rosary of the Virgin Mary*, Pope John Paul II, Oct. 16, 2002.

Prayers of the Rosary

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day He rose again from the dead. He ascended into Heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

Pray for us, O Holy Mother of God.
That we may be made worthy of the promises of Christ.

The Mysteries

First Joyful Mystery: The Annunciation

And when the angel had come to her, he said, “Hail, full of grace, the Lord is with thee. Blessed art thou among women.” (Luke 1:28)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Humility***

Second Joyful Mystery: The Visitation

Elizabeth was filled with the Holy Spirit and cried out in a loud voice: “Blest are you among women and blest is the fruit of your womb.” (Luke 1:41-42)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Love of Neighbor***

Third Joyful Mystery: The Birth of Jesus

She gave birth to her first-born Son and wrapped Him in swaddling clothes and laid Him in a manger, because there was no room for them in the place where travelers lodged. (Luke 2:7)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Poverty***

Fourth Joyful Mystery: The Presentation

When the day came to purify them according to the law of Moses, the couple brought Him up to Jerusalem so that He could be presented to the Lord, for it is written in the law of the Lord, “Every first-born male shall be consecrated to the Lord.”

(Luke 2:22-23)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Obedience***

Fifth Joyful Mystery: The Finding of the Child Jesus in the Temple

On the third day they came upon Him in the temple sitting in the midst of the teachers, listening to them and asking them questions.

(Luke 2:46)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Joy in Finding Jesus***

First Luminous Mystery: The Baptism of Jesus

And when Jesus was baptized... the heavens were opened and He saw the Spirit of God descending like a dove, and alighting on Him, and lo, a voice from heaven, saying “this is My beloved Son,” with whom I am well pleased.”

(Matthew 3:16-17)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Openness to the Holy Spirit***

Second Luminous Mystery: The Wedding at Cana

His mother said to the servants, “Do whatever He tells you.”... Jesus said to them, “Fill the jars with water.” And they filled them up to the brim.

(John 2:5-7)

One *Our Father*, Ten *Hail Marys*,

One *Glory Be*, etc.

Fruit of the Mystery: ***To Jesus through Mary***

Third Luminous Mystery: The Proclamation of the Kingdom of God

“And preach as you go, saying, ‘The kingdom of heaven is at hand.’ Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without pay, give without pay.” (Matthew 10:7-8)

One *Our Father*, Ten *Hail Marys*,

One *Glory Be*, etc.

Fruit of the Mystery: ***Repentance and Trust in God***

Fourth Luminous Mystery: The Transfiguration

And as He was praying, the appearance of His countenance was altered and His raiment become dazzling white. And a voice came out of the cloud saying, “This is My Son, My chosen; listen to Him!

(Luke 9:29, 35)

One *Our Father*, Ten *Hail Marys*,

One *Glory Be*, etc.

Fruit of the Mystery: ***Desire for Holiness***

Fifth Luminous Mystery: The Institution of the Eucharist

And He took bread, and when He had given thanks He broke it and gave it to them, saying, “This is My body which is given for you.”... And likewise the cup after supper, saying, “This cup which is poured out for you is the new covenant in My blood.”

(Luke 22:19-20)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Adoration***

First Sorrowful Mystery: The Agony in the Garden

In His anguish He prayed with all the greater intensity, and His sweat became like drops of blood falling to the ground. Then He rose from prayer and came to His disciples, only to find them asleep, exhausted with grief.

(Luke 22:44-45)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Sorrow for Sin***

Second Sorrowful Mystery: The Scourging at the Pillar

Pilate's next move was to take Jesus and have Him scourged.

(John 19:1)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Purity***

Third Sorrowful Mystery: The Crowning with Thorns

They stripped off His clothes and wrapped Him in a scarlet military cloak. Weaving a crown out of thorns they fixed it on His head, and stuck a reed in His right hand... (Matthew 27:28-29)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Courage***

Fourth Sorrowful Mystery: The Carrying of the Cross

... carrying the cross by Himself, He went out to what is called the Place of the Skull (in Hebrew, Golgotha). (John 19:17)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Patience***

Fifth Sorrowful Mystery: The Crucifixion

Jesus uttered a loud cry and said, "Father, into Your hands I commend My spirit." After He said this, He expired. (Luke 23:46)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Perseverance***

First Glorious Mystery: The Resurrection

You need not be amazed! You are looking for Jesus of Nazareth, the one who was crucified. He has been raised up; He is not here. See the place where they laid Him.” (Mark 16:6)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Faith***

Second Glorious Mystery: The Ascension

Then, after speaking to them, the Lord Jesus was taken up into Heaven and took His seat at God’s right hand. (Mark 16:19)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Hope***

Third Glorious Mystery: The Descent of the Holy Spirit

All were filled with the Holy Spirit. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them.

(Acts 2:4)

One *Our Father*, Ten *Hail Marys*,
One *Glory Be*, etc.

Fruit of the Mystery: ***Love of God***

**Fourth Glorious Mystery:
The Assumption**

You are the glory of Jerusalem... you are the splendid boast of our people... God is pleased with what you have wrought. May you be blessed by the Lord Almighty forever and ever.

(Judith 15:9-10)

One *Our Father*, Ten *Hail Marys*,

One *Glory Be*, etc.

Fruit of the Mystery: ***Grace of a Happy Death***

**Fifth Glorious Mystery:
The Coronation**

A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. *(Revelation 12:1)*

One *Our Father*, Ten *Hail Marys*,

One *Glory Be*, etc.

Fruit of the Mystery: ***Trust in Mary's Intercession***

How to Pray the Chaplet of Divine Mercy

The Chaplet of Divine Mercy is a prayer which Jesus taught St. Faustina Kowalska. The chaplet offers us a special means to pray for mercy for ourselves and the whole world.

The Chaplet of Mercy is recited using ordinary rosary beads of five decades. The chaplet is preceded by two opening prayers from the *Diary* of Saint Faustina and followed by a closing prayer.

1. Make the Sign of the Cross

2. Say the Two Opening Prayers

“You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.”

“O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I trust in You!”

3. Say the Our Father

4. Say the Hail Mary

5. Say the Apostles' Creed

6. On each large bead pray the Eternal Father Prayer:

“Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, our Lord, Jesus Christ, in atonement for our sins and those of the whole world.”

7. On each of the ten small beads of the decade pray:

“For the sake of His Sorrowful Passion, have mercy on us and on the whole world.”

8. Repeat prayers 6 and 7 for the remaining decades

Concluding Prayers

9. Say the Holy God prayer

“Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.”

10. Optional Closing Prayer

“Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.”

To learn more about the image of The Divine Mercy, the Chaplet of Divine Mercy and the series of revelations given to St. Faustina Kowalska please contact:

Marians of the Immaculate Conception
Stockbridge, Massachusetts 01263
Telephone 800-462-7426
www.marian.org

The Volumes

*Direction for Our Times
as given to Anne, a lay apostle*

Volume One:	<i>Thoughts on Spirituality</i>
Volume Two:	<i>Conversations with the Eucharistic Heart of Jesus</i>
Volume Three:	<i>God the Father Speaks to His Children The Blessed Mother Speaks to Her Bishops and Priests</i>
Volume Four:	<i>Jesus the King Heaven Speaks to Priests Jesus Speaks to Sinners</i>
Volume Five:	<i>Jesus the Redeemer</i>
Volume Six:	<i>Heaven Speaks to Families</i>
Volume Seven:	<i>Greetings from Heaven</i>
Volume Eight:	<i>Resting in the Heart of the Savior</i>
Volume Nine:	<i>Angels</i>
Volume Ten:	<i>Jesus Speaks to His Apostles</i>

The Volumes are now available in PDF format for
free download and printing from our website:

www.directionforourtimes.org.

We encourage everyone to print and distribute them.

The Volumes are also available at your local bookstore.

The “Heaven Speaks” Booklets

*Direction for Our Times
as given to Anne, a lay apostle*

The following booklets are available individually from Direction for Our Times:

Heaven Speaks About Abortion

Heaven Speaks About Addictions

Heaven Speaks to Victims of Clerical Abuse

Heaven Speaks to Consecrated Souls

Heaven Speaks About Depression

Heaven Speaks About Divorce

Heaven Speaks to Prisoners

Heaven Speaks to Soldiers

Heaven Speaks About Stress

Heaven Speaks to Young Adults

Heaven Speaks to Those Away from the Church

Heaven Speaks to Those Considering Suicide

Heaven Speaks to Those Who Do Not Know Jesus

Heaven Speaks to Those Who Are Dying

Heaven Speaks to Those Who Experience Tragedy

Heaven Speaks to Those Who Fear Purgatory

Heaven Speaks to Those Who Have Rejected God

Heaven Speaks to Those Who Struggle to Forgive

Heaven Speaks to Those Who Suffer from

Financial Need

Heaven Speaks to Parents Who Worry About

Their Children’s Salvation

All twenty of the “Heaven Speaks” booklets are now available in PDF format for free download and printing from our website www.directionforourtimes.org. We encourage everyone to print and distribute these booklets.

Other books by Anne, a lay apostle

Climbing the Mountain

Discovering your path to holiness
Anne's experiences of Heaven

The Mist of Mercy

Spiritual Warfare
Anne's experiences of Purgatory

Serving In Clarity

A Guide for Lay Apostles
of Jesus Christ the Returning King

***In Defense of Obedience
and***

Reflections on the Priesthood

Two Essays on topics close to the Heart of Jesus

Lessons in Love

Moving Toward Divine Intimacy

Whispers from the Cross

Reclaiming the Church
Through Personal Holiness

This book is part of a non-profit mission. Our Lord has requested that we spread these words internationally. Please help us.

In Ireland:
Direction For Our Times
The Hague Building
Cullies
Cavan
County Cavan

+353-(0)49-437-3040
contactus@dfot.ie

In the USA:
Direction For Our Times
9000 West 81st Street
Justice, Illinois 60458

708-496-9300
contactus@directionfor
ourtimes.org

Registered Charity CHY17298 A 501(c)(3) Organization

Adult Faith Formation

We are currently offering Adult Faith Formation programs. Please check our website for our most recent events including weekend retreats and our annual School of Holiness held each summer in Ireland. To learn more about these programs please contact one of our offices.